Unit 7 Gross Motor Skill

Content Area: **Physical Education and Health**
Course(s): **Physical Education/Health**
Time Period: **April**
Length: **4 weeks**
Status: **Published**

Enduring Understandings

Gross motor skills are necessary for daily activities.

Fine motor skills such as writing with a pencil or typing are important skills.

Gross and fine motor skills are utilized on a daily basis even into adulthood. Mastering these skills will prepare you for the future.

Discuss when gross and fine motor skills are useful.

Essential Questions

How will gross and fine motor skills help me in the classroom?

In what ways will the mastery of these skills impact me as an adult?

Skills

Demonstrate coordination in gross and fine motor tasks using balance, strength, and coordination.

Compare and contrast gross and fine motor skills.

Standards

HPE.2.5.2	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.2.A	Movement Skills and Concepts
HPE.2.5.2.A.CS1	Understanding of fundamental concepts related to effective execution of actions provides the foundation for participation in games, sports, dance, and recreational activities.
HPE.2.6.2	All students will apply health-related and skill-related fitness concepts and skills to develop and maintain a healthy, active lifestyle.
HPE.2.6.2.A	Fitness and Physical Activity
HPE.2.6.2.A.CS1	Appropriate types and amounts of physical activity enhance personal health.

Assessments

Gross & fine motor activity
Formative: Other Evidence:Other: Teacher Observation