Unit 7 Gross Motor Skill Development

Content Area: **Physical Education and Health**
Course(s): **Physical Education/Health**
Time Period: **April**
Length: **3 weeks**
Status: **Published**

Enduring Understandings

Gross motor skills are but not limited to jumping, hopping, skipping,

Gross motor skills are developed before fine motor skills.

Essential Questions

What is a gross motor skill?

What activities can I play to practice my gross motor skills?

Skills

Demonstrate and refine gross and fine motor skills.

Explain and perform a variety of gross motor skills.

Use self-evaluation during gross motor skills.

Standards

HPE.2.5.2	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.2.A	Movement Skills and Concepts
HPE.2.5.2.A.1	Explain and perform movement skills with developmentally appropriate control in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.2.A.3	Respond in movement to changes in tempo, beat, rhythm, or musical style.
HPE.2.5.2.A.4	Correct movement errors in response to feedback.
HPE.2.5.2.A.CS1	Understanding of fundamental concepts related to effective execution of actions provides the foundation for participation in games, sports, dance, and recreational activities.

Assessments

Observation of both fine & gross motor skills
Formative: Other Evidence:Other: Teacher Observation