

# Practice Journal-Reflection Guide (for yourself and others)

## General Information

Performers Name:

Song Selection:

Composer:

Title of Show (if applicable):

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## Things to look for...

How is the performer's posture?

Does the performer know the correct notes/rhythms/words?

How is the performer's focus?

Does the performer seem prepared?

Is the performer presenting their song well? Facial expressions? Inner monologue?

Does the performer clearly understand what the song is about?

Is the song an appropriate selection for the performer? Why or why not?

Any other constructive feedback that would be helpful to the performer for the future?