Cycle Two Health

Content Area: **Physical Education and Health**
Course(s): **Phys Ed 8**
Time Period: **December**
Length: **4 Weeks**
Status: **Published**

Transfer

Human Growth and Development

Enduring Understandings

Regular medical check-ups are essential to long term care of all body systems, including the Endocrine System and Reproductive Systems.

Decisions you make concerning your sexual activity now and in the near future can have lifetime consequences.

A pregnant person must take responsibility for proper prenatal care and refrain from using drugs, alcohol, and tobacco products.

By acquiring information about the concept of consent, we will learn the social, emotional, and relational impact surrounding sexuality.

Understanding the definition of sexting will help us make appropriate and safe decisions when interacting with our peers via text message as well as social media.

By recognizing behaviors that are considered sexual abuse or assualt, we can protect ourselves and seek help if these situation were to occur.

Essential Questions

Should a pregnant woman be held responsible if her child is born with effects from her drinking, smoking, or drug use?

Should parents be the only ones to give students information about Human Growth and Development?

Where might I go to get accurate information concerning Human Growth and Development?

Why should asking for consent become a virtuous habit?

What are the consequences of sexting?

Why is it important to report and seek help when a sexual assault or a abusive relationship is encountered?

Content

Endocrine System, pituitary gland, ovaries, testes fertilization ,hormones, thyroid, fallopian tubes, embryo, fetus, amniotic fluid , gene, chromosome, Mitosis, Consent, Sexual Abuse, Sexting

Learning Objectives

Describe how the Endocrine System supports people's bodies as they grow and develop.

Recognize the different parts and functions of the Endocrine System

Describe where and how fertilization takes place in the female reproductive system.

Identify the parts and functions of both the male and female reproductive system.

Explain the difference between embryo and fetus. Recognize the stages of the developing fetus.

Describe the influences of both heredity and environment on early development.

Explain the building of body systems. Cells to tissue, to organs, to systems.

Recognize how physical traits are inherited. Discuss chromosomes, genes, gender determination, etc.

Understand the importance of giving and asking for consent in relation to physical contact and sexual activity.

Understand a person has the right to say no to unwanted physical contact or sexual activity and to respect the right of another person to say no.

Understand the social, emotional, and legal consequences of distributing and soliciting sexually explicit images through electronic means.

Describe situations and behaviors that constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence.

Identify sources of support such as parents or other trusted adults that they can go to if they are or someone they know is being bullied, harassed, abused or assaulted.

Resources

Teen Health 3, Glencoe/McGraw-Hill

Graphic Organizers of endocrine system, female reproductive system, male reproductive system, stages of an embyo and fetus.

Goal Planning Sheet

Advocatesforyouth.org

Assessments

Written Tests
Formative: Test: Written
Formative: Transfer Tasks: Teacher Observation and Class Discussion
Formative: Transfer Tasks: Oral: Discussion
Summative: Test; Written
Summative: Test; Project-based

Students will have a choice of media to develop a "Creating Your Goal Plan."

- Students will identify their short-term goals
- Students will identify their long-term goals
- Students will outline steps necessary to accomplish these goals
- Students will identify resources to help them accomplish their goals
- Students will identify potential barriers to their goals
- Students will identify ways to overcome these barriers
- Students will identify internal and external support resources

Standards

HPE.2.1.8.A.2	Compare and contrast the impact of genetics, family history, personal health practices, and environment on personal growth and development in each life stage.
HPE.2.4.8.A.1	Predict how changes within a family can impact family members.
HPE.2.4.8.A.2	Explain how the family unit impacts character development.
HPE.2.4.8.A.3	Explain when the services of professionals are needed to intervene in relationships.
HPE.2.4.8.A.4	Differentiate between affection, love, commitment, and sexual attraction.
HPE.2.4.8.A.5	Determine when a relationship is unhealthy and explain effective strategies to end the relationship.
HPE.2.4.8.A.6	Develop acceptable criteria for safe dating situations, such as dating in groups, setting limits, or only dating someone of the same age.
HPE.2.4.8.B.1	Analyze the influence of hormones, nutrition, the environment, and heredity on the physical, social, and emotional changes that occur during puberty.
HPE.2.4.8.B.2	Determine the benefits of sexual abstinence and develop strategies to resist pressures to become sexually active.
HPE.2.4.8.B.3	Compare and contrast methods of contraception used by adolescents and factors that may influence their use.
HPE.2.4.8.B.4	Relate certain behaviors to placing one at greater risk for HIV/AIDS, STIs, and unintended pregnancy.
HPE.2.4.8.B.5	Discuss topics regarding gender identity, sexual orientation, and cultural stereotyping.
HPE.2.4.8.B.6	Explain the importance of practicing routine healthcare procedures such as breast self-examination, testicular examinations, and HPV vaccine.
HPE.2.4.8.B.CS1	Personal lifestyle habits and genetics influence sexual development as well as overall growth patterns.
HPE.2.4.8.B.CS2	Responsible actions regarding sexual behavior impact the health of oneself and others.

HPE.2.4.8.B.CS3	Discussion of topics regarding sexuality requires a safe, supportive environment where sensitivity and respect is shown toward all.
HPE.2.4.8.B.CS4	Early detection strategies assist in the prevention and treatment of illness or disease.