

# Soccer

Content Area: **Physical Education and Health**  
Course(s): **Phys Ed 6, Phys Ed 7, Phys Ed 8**  
Time Period: **November**  
Length: **4 weeks**  
Status: **Published**

## **Transfer**

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Cooperation, Work Ethic, Skill Development and Physical Fitness

## **Enduring Understandings**

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Individuals who learn to practice safely, effectively and efficiently will feel comfortable and confident of skill related components during participation.

Understanding game situations promotes cognitive strategies to improve team chances of success.

Rules are created to endure a safe environment

## **Essential Questions**

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To what extent does strategy influence performance?

Why is sportsmanship important in class?

How do we improve the level of play in a team situation?

What makes a good team?

How does working well as a team relate to real life?

## **Content**

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Soccer, goal, offensive team, defensive team, catching /trapping, passing and shooting

## **Leraning Objectives**

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Dribble the indoor soccer ball under control using the proper form.

Kick and pass to a target on the run.

Shoot on goal while the ball is still and also in motion.

Convert the ball from a soccer ball being played on the floor to a basketball being passed.

Shoot the ball for a point as in basketball.

Demonstrate skills while competing in full court Boccer Games.

## **Resources**

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Soccer Balls

Nets

Cones

Scrimmage Vests (Pinnies)

## **Assessments**

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Teacher observation of proper skills

Formative: Other Evidence: Other: Teacher Observation

Teacher observation of proper rules

Summative: Transfer Tasks: Performance: Authentic Task

Teacher observation of implementation in strategies to be successful on playing court

Summative: Transfer Tasks: Performance: Skill Demonstration

Written test on Boccer Rules

Summative: Transfer Tasks: Test: Written

## Standards

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HPE.2.5.6.B.3	Analyze individual and team effectiveness in achieving a goal and make recommendations for improvement.
HPE.2.5.8.A.1	Explain and demonstrate the transition of movement skills from isolated settings (i.e., skill practice) into applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.8.A.2	Apply the concepts of force and motion (weight transfer, power, speed, agility, range of motion) to impact performance.
HPE.2.5.8.A.3	Create, explain, and demonstrate, as a small group, a planned movement sequence that includes changes in rhythm, tempo, and musical style (creative, cultural, social, and fitness dance).
HPE.2.5.8.A.4	Detect, analyze, and correct errors and apply to refine movement skills.
HPE.2.5.8.A.CS1	Movement skill performance is primarily impacted by the quality of instruction, practice, assessment, feedback, and effort.
HPE.2.5.8.B.1	Compare and contrast the use of offensive, defensive, and cooperative strategies in a variety of settings.
HPE.2.5.8.B.2	Assess the effectiveness of specific mental strategies applied to improve performance.
HPE.2.5.8.B.CS1	Individual and team execution in games, sports, and other activity situations is based on the interaction of tactical use of strategies, positive mental attitudes, competent skill levels, and teamwork.
HPE.2.5.8.C.1	Assess player behavior for evidence of sportsmanship in individual, small-group, and team activities.
HPE.2.5.8.C.2	Summarize types of equipment, products, procedures, and rules that contribute to the safety of specific individual, small-group, and team activities.
HPE.2.5.8.C.3	Analyze the impact of different world cultures on present-day games, sports, and dance.
HPE.2.5.8.C.CS1	Self-initiated behaviors that promote personal and group success include safety practices, adherence to rules, etiquette, cooperation, teamwork, ethical behavior, and positive social interaction.
HPE.2.5.8.C.CS2	Movement activities provide a timeless opportunity to connect with people around the world.
HPE.2.5.12	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.12.A	Movement Skills and Concepts
HPE.2.5.12.A.2	Analyze application of force and motion (weight transfer, power, speed, agility, range of motion) and modify movement to impact performance.
HPE.2.5.12.B	Strategy
HPE.2.5.12.B.1	Demonstrate and assess tactical understanding by using appropriate and effective offensive, defensive, and cooperative strategies.
HPE.2.5.12.B.2	Apply a variety of mental strategies to improve performance.
HPE.2.5.12.B.3	Analyze factors that influence intrinsic and extrinsic motivation and employ techniques to enhance individual and team effectiveness.