

# Unit 5: The Body: Health, Exercise, and the Senses

Content Area: **Language Arts Literacy**  
Course(s):  
Time Period: **March**  
Length: **6 weeks**  
Status: **Published**

## Enduring Understandings

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The human body is a complicated system that is greatly affected by many factors such as health, exercise, and the five senses.

## Essential Questions

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- What can I do to keep my body safe and running at its best?
- How do my five senses affect my life?

## Content

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1. Key vocabulary terms related to the theme

- Fluency
- Literal Comprehension Skills – citing textual evidence, classifying information, comparing and contrasting literature and informational reading selections
- Inferential Comprehension Skills – citing textual evidence, author’s purpose, mood, bias, figurative language

2. How to write an informational/explanatory piece on a health theme

3. How to write a narrative about a health experience

4. How to write lyrics for a song that has a chorus

5. How to construct a compare/contrast essay.

- Writing and Grammar
- Compare/contrast expository structure
- Narrative structure including description and dialogue
- Commas
- Apostrophes
- Questions in the present
- Proper nouns
- Hyphens and dashes
- Prepositions and prepositional phrases
- Future tense
- Combining simple sentences using *but*
- Reading cursive handwriting

6. Phonics: initial and final *y*; long vowels that signal *e*, *y* as /*y*/ and vowels /*e*/ and /*i*/; *-ed* as /*ed*/, /*d*/, /*t*/; final *-s* and *-es* as /*s*/, /*z*/; *r* controlled vowels

- Foundational Skills: *r*-controlled vowel pattern, adding affixes to change part of speech; suffixes *-er*, *-ly*; spelling patterns, including adding *-ing*, *-ed*, *-s*, and *-es* to base words;

Vocabulary skills: key vocabulary terms, ordinal numbers, homophones and homographs, inferring meaning using textual evidence

## Skills

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- Cite several pieces of textual evidence to support what the text explicitly says as well as what it infers
- Determine theme/central idea and analyze its development
- Determine meaning of words in a text
- Compare and contrast a fictional portrayal of a time, place, or character and a historical account or determine how a modern fictional piece compares to a myth
- Write narratives to develop real or imagined events using such elements as dialogue, description, and sensory action
- When writing, provide an introduction, supporting details, transitions, logical sequence, and conclusion
- Produce writing appropriate to task, purpose, and audience
- Strengthen writing with revising and editing, focusing on purpose and audience
- Use technology to polish writing and link to and cite sources
- Engage in thoughtful, prepared and unprepared collaborative discussions and following discussion rules
- In discussion, pose thoughtful information-eliciting , questions, acknowledge others' views, and modify personal views if warranted
- Use the future verb tense
- Use an apostrophe for contractions and possessives
- Use prepositions and prepositional phrases
- Identify and use homophones and suffixes
- Demonstrate command of the conventions of standard English grammar and usage when writing or speaking
- Demonstrate command of the conventions of standard English punctuation
- Spell correctly
- Use knowledge of language and its conventions when writing, speaking, reading, or listening
- Determine or clarify the meaning of unknown and multiple-meaning words or phrases using various strategies
- Demonstrate understanding of figurative language, word relationships, and nuances in word meanings
- Acquire and use general academic and domain-specific words and phrases; gather vocabulary knowledge when considering a word or phrase important to comprehension or expression

## Resources

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Magazine Articles

Newspaper Articles

Books about the body, health, exercise, and the senses

## Standards

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LA.RL.8.1	Cite the textual evidence and make relevant connections that most strongly supports an analysis of what the text says explicitly as well as inferences drawn from the text.
LA.RL.8.2	Determine a theme or central idea of a text and analyze its development over the course of the text, including its relationship to the characters, setting, and plot; provide an objective summary of the text.
LA.RL.8.4	Determine the meaning of words and phrases as they are used in a text, including figurative and connotative meanings; analyze the impact of specific word choices on meaning and tone, including analogies or allusions to other texts.
LA.RL.8.9	Analyze and reflect on (e.g., practical knowledge, historical/cultural context, and background knowledge) how a modern work of fiction draws on themes, patterns of events, or character types from myths, traditional stories, or religious works such as the Bible, including describing how the material is rendered new.
LA.RI.8.1	Cite the textual evidence and make relevant connections that most strongly supports an analysis of what the text says explicitly as well as inferences drawn from the text.
LA.RI.8.2	Determine a central idea of a text and analyze its development over the course of the text, including its relationship to supporting ideas; provide an objective summary of the text.
LA.RI.8.4	Determine the meaning of words and phrases as they are used in a text, including figurative, connotative, and technical meanings; analyze the impact of specific word choices on meaning and tone, including analogies or allusions to other texts.
LA.W.8.3	Write narratives to develop real or imagined experiences or events using effective technique, relevant descriptive details, and well-structured event sequences.
LA.W.8.4	Produce clear and coherent writing in which the development, organization, voice and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in standards 1–3 above.)
LA.W.8.5	With some guidance and support from peers and adults, develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach, focusing on how well purpose and audience have been addressed.
LA.W.8.6	Use technology, including the Internet, to produce and publish writing and present the relationships between information and ideas efficiently as well as to interact and collaborate with others.
LA.SL.8.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts, and issues, building on others' ideas and expressing their own clearly.
LA.L.8.1	Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.
LA.L.8.2	Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.
LA.L.8.4	Determine or clarify the meaning of unknown and multiple-meaning words or phrases based on grade 8 reading and content, choosing flexibly from a range of strategies.
LA.L.8.5	Demonstrate understanding of figurative language, word relationships, and nuances in word meanings.
LA.L.8.6	Acquire and use accurately grade-appropriate general academic and domain-specific words and phrases; gather vocabulary knowledge when considering a word or phrase important to comprehension or expression.
LA.8.L.8.3	Use knowledge of language and its conventions when writing, speaking, reading, or listening. Use verbs in the active and passive voice and in the conditional and subjunctive

mood to achieve particular effects (e.g., emphasizing the actor or the action; expressing uncertainty or describing a state contrary to fact).