Unit 4 - Making and Maintaining Friendships

Content Area: **Special Education**
Course(s):
Time Period: **May**
Length: **All school year**
Status: **Published**

Enduring Understandings

- I will understand and demonstrate the qualities of a good friend.
- I will understand the difference between positive and negative qualities/attributes.
- I will use "I Messages" to communicate my wants and feelings.
- I will understand the difference between assertive, passive and aggressive messages and when each is appropriate.

Essential Questions

What is something I do well?

Whats personal traits do I have that make me special?

What is a good friend?

How am I a good friend to others?

What happens when friends fight?

What are the important friendship messages that I can share?

Content

- Will be chosen and/or designed based on the individual needs of each student. When choosing content, consideration will be given to each student's current level of functioning as demonstrated through observation, interviews and formal and informal assessments.
- Instruction will be differentiated with mulitple entry points for diverse learners. The low ratio of teacher to students in this class provides for each student's individual needs to be met and for the lesson to change to meet the needs of individual learning styles as the lesson progresses.

Skills

Identify personal strengths.

Identify positive behaviors/strengths in others.

Categorize strengths into two groups: internal (invisible) and external (visible)

Identify invisible strengths.

Share invisible strengths with others.

Recognize and appreciate others invisible strengths.

Describe a friend.

Define friendship.

List qualities they seek in a friend.

Describe how to treat a friend.

Identify ways to be a friend to someone else.

Develope methods to maintain friendships.

Identify qualities that make a good friend.

Identify qualities that hurt a friendship

Use "I Messages" to communicate needs and feelings.

Define empathy.

Exhibit empathy toward others.

List ways to make others feel good.

Reflect on ways to help their own unhappy moods change for the better.

Reflect on ways to help others change their unhappy moods for the better.

Define passive, aggressive and assertive messages.

Identify passive, aggressive and assertive messages.

Determine when passive, aggressive and assertive messages are warranted.

Explain/Identify the difference between joking/kidding vs. taunting.

Explain/Identify the difference between telling and tattling

Explain/Identify the difference between sharing and gossiping.

Explain/Identify the difference between good popular vs. bad popular.

Resources

The Ophelia Project

Ready-to-Use Social Skills Lessons and Activities for Grades 7-12

Think Social! A Social Thinking Curriculum for School-Age Students

Essentials for Living

American Speech-Language-Hearing Association

Standards

3.2	All students will listen actively in a variety of situations to information from a variety of sources.
3.2.1	Listen for a variety of purposes such as enjoyment and obtaining information.
3.2.2	Demonstrate comprehension of another's message through appropriate verbal or nonverbal responses.
HPE.2.1.12.E	Social and Emotional Health
HPE.2.2.12	All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.
HPE.2.2.12.A	Interpersonal Communication
HPE.2.2.12.A.1	Employ skills for communicating with family, peers, and people from other backgrounds and cultures that may impact the health of oneself and others.
HPE.2.2.12.A.2	Demonstrate strategies to prevent, manage, or resolve interpersonal conflicts.
HPE.2.2.12.A.3	Analyze the impact of technology on interpersonal communication in supporting wellness and a healthy lifestyle.
HPE.2.2.12.A.CS1	Effective interpersonal communication encompasses respect and acceptance for individuals regardless of gender, sexual orientation, disability, ethnicity, socioeconomic background, religion, and/or culture.
HPE.2.2.12.A.CS2	Effective communication is the basis for strengthening interpersonal interactions and relationships and resolving conflicts.
HPE.2.2.12.A.CS3	Technology increases the capacity of individuals to communicate in multiple and diverse ways.
PER.K-12.PS:A2.7	Know that communication involves speaking, listening and nonverbal behavior