Unit 1: Study Time, Place, Habits, and Goals

Content Area: **Special Education**
Course(s):
Time Period: **September**
Length: **8 Blocks**
Status: **Published**

Enduring Understandings

Creating organizational skills, productive study habits, and setting realistic goals, while using an appropriate academic setting in order to manage study time, will be imperative to maximizing the student's academic potential.

Essential Questions

Why is it important to be organized?

How can a student benefit from using a planner?

Why is goal setting important?

What makes a good academic environment for studying?

How can a student benefit from productive study habits?

Content

- daily planner
- weekly planner
- monthly planner
- calendar
- goal setting
- S.M.A.R.T.Y.
- academic environment
- study habits

Skills

- Find the best ways to manage their own personal study time.
- Create a daily planner.

- Create a weekly planner.
- Create a monthly planner.
- Recognize productive study habits.
- Identify ways to improve personal study habits.
- Recognize characteristics of a productive study environment.
- Identify ways to improve one's own personal study environment.
- Set realistic personalized academic goals.

Resources

Study Skills and Strategies for Students in High School

(Third Edition)

Standards

CRP.K-12.CRP4.1	Career-ready individuals communicate thoughts, ideas, and action plans with clarity, whether using written, verbal, and/or visual methods. They communicate in the workplace with clarity and purpose to make maximum use of their own and others' time. They are excellent writers; they master conventions, word choice, and organization, and use effective tone and presentation skills to articulate ideas. They are skilled at interacting with others; they are active listeners and speak clearly and with purpose. Career-ready individuals think about the audience for their communication and prepare accordingly to ensure the desired outcome.
CRP.K-12.CRP7.1	Career-ready individuals are discerning in accepting and using new information to make decisions, change practices or inform strategies. They use reliable research process to search for new information. They evaluate the validity of sources when considering the use and adoption of external information or practices in their workplace situation.
CRP.K-12.CRP10	Plan education and career paths aligned to personal goals.