Independent and Daily Living Skills

Content Area: **Special Education**
Course(s):
Time Period: **September**
Length: **Full Year**
Status: **Published**

Enduring Understandings

- Using various home appliances anf furniture such as washer, dryer, refrigerator, iron, ironing board microwave stove, coffee maker, computers and iPads, I will be able to successfully and appropriately maintain a clean daily living environment.
- I will be able to identify appliances needed to successfully live independently.
- With assistance, I will be able to identify the necessary appliances needed to successfully live independently.
- Using various cleaning supplies and resources, I will be able to identify the steps needed to maintain my daily living space.
- With assistance, I will correctly identify the ways to maintain a healthy daily living environment.
- With travel training assistance, I will be able to successfully navigate to various locations .

Essential Questions

- What tasks are necessary to maintain an appropriate level of independent living?
- What are appropriate appliances/furniture to obtain and be able to use in your living environment?
- How are appliances and furniture used correctly and safely?
- What steps are needed to maintain your daily living environment?
- What skills are necessary to successfully travel to potential job sites and CBI trips?

Content

- Will be chosen and/or designed based on the individual needs of each student. When choosing content, consideration will be given to each student´s current level of functioning as demonstrated through observation, interviews and standardized assessments such as the Washington State Life Skills Inventory Independent Living Assessment Tool, Ohioś Employability and Life Skills Assessment and the Assessment of Financial Skills and Abilities.

- Instruction will be differentiated with multiple entry points for diverse learners. The low ratio of teacher to students, in this class provides for each student's individual needs to be met and for the lesson to change to meet the needs of individual learning styles as the lesson progresses.

Topics will include the following:

- Identifying unsafe situations and choosing appropriate ways to reduce or eliminate risks contributes to the safety of self and others.

- Staying healthy is a lifelong process that includes all dimensions of wellness.
- Many health-related situations require the application of a thoughtful decision-making process.

Skills

- Be able to identify various appliances/furniture needed in daily living in order to live independently.
- Be able to safely use various household appliances/furniture.
- Be able to research various appliances/furniture for your daily living environment.
- Be able to identify steps to properly maintain your daily living environment.
- Be able to identify ways to have a healthy living space.
- Be able to participate in various CBI trips related to daily living.

Resources

- Washington State Life Skills Inventory Independent Living Assessment Tool
- Ohio´s Employability and Life Skills Assessment
- Assessment of Financial Skills and Abilities.

Standards

HPE.2.1.4.D.1	Determine the characteristics of safe and unsafe situations and develop strategies to reduce the risk of injuries at home, school, and in the community (e.g., fire safety, poison safety, accident prevention).
HPE.2.1.4.D.3	Examine the impact of unsafe behaviors when traveling in vehicles, as a pedestrian, and when using other modes of transportation.
HPE.2.1.4.D.CS1	Identifying unsafe situations and choosing appropriate ways to reduce or eliminate risks contributes to the safety of self and others.
HPE.2.2.4.B.3	Determine how family, peers, technology, culture, and the media influence thoughts, feelings, health decisions, and behaviors.
HPE.2.2.4.B.CS1	Many health-related situations require the application of a thoughtful decision-making process.
PFL.9.1.8.A.2	Relate how career choices, education choices, skills, entrepreneurship, and economic conditions affect income.
PFL.9.1.8.A.5	Relate how the demand for certain skills determines an individual’s earning power.
PFL.9.1.8.A.6	Explain how income affects spending decisions.
PFL.9.1.8.B.1	Distinguish among cash, check, credit card, and debit card.
PFL.9.1.8.B.2	Construct a simple personal savings and spending plan based on various sources of income.

PFL.9.1.8.C.1	Compare and contrast credit cards and debit cards and the advantages and disadvantages of using each.
PFL.9.1.8.D.1	Determine how saving contributes to financial well-being.