# **HS CLS Unit 2- Functional Self Help Skills**

Content Area: Basic Skills

Course(s):

Time Period: September Length: 1
Status: Published

### **Enduring Understandings:**

- · Demonstrate Independent Living Skils
- Demonstrate personal care skills.
- Health Management Skills
- Money Management
- Students will be able to demonstrated safety skills
- · Students will learn about community access.
- · Use of common tools and devices

## **Essential Questions:**

- Can students function independently while dressing?
- Do you know your demographics and why they are important?
- How can people be responsible for household chores?
- How can students utilize community resources and transportation?
- How can you prepare food independently?
- How do you take care of yourself and hygiene?
- What devices are important to utilize and how to utilize them?
- Why is it important for students to learn and know about safety practices?

### **Lesson Titles:**

- Demonstrate complete care for self
- Demonstrate stranger and community safety
- Develop lifelong leisure activities
- · Make doctor calls
- · Manage living options
- Manage Money Independently
- Perform household chores
- Prepare a meal independently

- Provide complete personal information
- Take care of gender specific needs
- Use clothing with fasteners and belts
- Use public transportation
- Use Simple devices

# **21st Century Skills and Career Ready Practices:**

CRP.K-12.CRP1	Act as a responsible and contributing citizen and employee.
CRP.K-12.CRP3	Attend to personal health and financial well-being.
CAEP.9.2.12.C.1	Review career goals and determine steps necessary for attainment.
CAEP.9.2.12.C.2	Modify Personalized Student Learning Plans to support declared career goals.
CAEP.9.2.12.C.3	Identify transferable career skills and design alternate career plans.
CAEP.9.2.12.C.4	Analyze how economic conditions and societal changes influence employment trends and future education.
CAEP.9.2.12.C.5	Research career opportunities in the United States and abroad that require knowledge of world languages and diverse cultures.
CAEP.9.2.12.C.7	Examine the professional, legal, and ethical responsibilities for both employers and employees in the global workplace.
CAEP.9.2.12.C.8	Assess the impact of litigation and court decisions on employment laws and practices.

# **Inter-Disciplinary Connections:**

Social skills are integrated and reinforced throughout all interdisciplinary connections.

# **Instructional Strategies, Learning Activities, and Levels of Blooms/DOK:**

- 1:1 instruction
- Centers
- Direct Instruction
- Exit ticket
- Introduction to unit and lessons
- Reflection
- · Role playing
- Rubrics
- Small group instruction
- Social Stories
- Video Modeling
- Warm up

#### **Modifications**

\*\*Modifications are based off of individual education plans. Specific modifications and accomodations are provided.

# **Formative Assessment:**

- Anticipatory Set
- Checklists
- Classwork
- Closure
- Exit Ticket
- Participation
- Rubrics
- Warm-Up
- Worksheets

#### **Summative Assessment:**

- Alternate Assessment
- Benchmark
- CBI application
- Marking Period Assessment
- Teaching Observations
- · Test and quizzes

### **Resources & Materials:**

- Community Resources
- Flashcards
- Kitchen Classroom
- Lifeskills equipment
- Online resources
- Readings
- Textbooks
- Worksheets