

Align Curricular Unit
Report Description

Curricular Unit WPS Physical Education 5-8		Subject: Health and Safety Education	Duration: 27 Weeks		
Instructional Unit	Unit Summary/ Overview	Essential Questions/Enduring Understandings	Students will need to Goal know...	Students will be able to...	Evidence of Learning/ Assessment
PE 5-8 Unit 1		EQ 1. What is a team? EQ 2. What are the advantages and disadvantages of a team sport? EQ: 1. How does strategy influence performance in competitive games and activities. EQ: 2. Why should you follow good sportsmanship and rules when others do not?		TBD	TBD
PE 5-8 Unit 2		EQ: 1. Why is it so important to become healthy and physically fit. EU: 1. What does a fitness program look like? EU: 2. How do you know if the fitness plan is successful? EU: 3. How do you know someone is exercising at a desired level?		TBD	TBD
PE 5-8 Unit 3		EQ: 1. What are the advantages and disadvantages of individual sports?		TBD	TBD