

Sew Much More Overview

Content Area: **Family/Consumer Science**
Course(s): **SEW MUCH MORE**
Time Period:
Length: **90 Days**
Status: **Published**

Cover

EAST BRUNSWICK PUBLIC SCHOOLS

East Brunswick New Jersey

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Course Adoption: 12/6/2007

Curriculum Adoption: 12/6/2007

Date of Last Revision Adoption: 9/1/2017

Course Overview

COURSE DESCRIPTION

This course is a one-semester, 18 week elective that will focus on sewing basics both hand and machine. Students will practice basic sewing techniques, pattern layout and construction methods, clothing and textiles. Design and project construction methods will be studied through research and hands-on opportunities. The creative aspects of project and craftwork, such as tie-dye, embroidery, scrapbooking and yarn work, will also be addressed. Information presented in this class will provide a foundation in sewing and textiles and may lead students to fashion or interior design classes at the high school level.

Students in this course are expected to demonstrate mastery/proficiency of specific New Jersey Core Curriculum Content Standards, as well as contributing to development of mastery in areas of language arts, technology, social studies, visual arts and mathematics.

COURSE SCOPE AND SEQUENCE:

Sequential Unit Description	Other Pacing Guide References	Proficiency (Summative) Assessments
UNIT 1- GETTING READY TO SEW Getting Ready to Sew		
<ul style="list-style-type: none">• Machine Review• Tools/supplies• Pattern Construction Symbols and Markings• Personal Sizing• Fabrics and Fibers• Pressing Techniques	3 Weeks	<ul style="list-style-type: none">• Quizzes• Sample work evaluation• Class participation• Homework• Research work
UNIT 2- CONSTRUCTION		
<ul style="list-style-type: none">• Quality Construction Signs• Seams• Fasteners/Closures• Hems• Casings• Pockets	4 weeks	<ul style="list-style-type: none">• Apron project progress/work• Sample work• Class worksheets• Quizzes

UNIT 3- SPECIAL TECHNIQUES

- Buttonholes
- Zippers

2 Weeks

- Sample work
- Visual presentation report
- Homework
- Lab work

UNIT 4- REPAIRS AND RECYCLING REPAIRS AND RECYCLING

- Mending/Darning
- Replacements
- Alterations of 'old into new'

3 Days

- Parent assessment
- Lab work
- Sample work or essay

UNIT 5- CAREERS

- Explore Options
- Evaluate Personal Skills/Traits

3 days

- Brainstorming list
- Self evaluation
- Research project and presentation

UNIT 6-PROJECTS`

- Clothing Construction
- Personal/Home Items
- Crafts/Accessories
- Needlepoint
- Stenciling
- Tie-Dye
- Embroidery
- Quilting
- Latching
- Seasonal Crafts

8 Weeks

- Individual progress
- Project(s) evaluations
- Self-evaluation

- Small fabric projects

CONTENT FOCUS AREA AND COURSE NAME

Course Name: Sew Much More #2364

Course Number	School Numbers	Course Level	Grade(s)	Credits	Min.Per Week	Elective/Required	Initial Course Adopted
2364	055	S	8-9	2.50	210	E	12/06/2007

PRIMARY CONTENT AREA AND SECONDARY AREAS OF FOCUS:

NJCCC Standard	NJCCC Standard	NJCCCS Standard	
1. Visual and Performing Arts	5. Science	9. 21st Life and Careers	P
2. Health and Physical Education	6. Social Studies		S
3. Language Arts Literacy	S 7. World Languages		
4. Mathematics	S 8. Technology		S

Textbooks and Other Resources

COURSE RESOURCES

- Sewing machines
- Sewing tools
- Teacher developed materials
- Online resources, i.e., Facts on File, Simplicity, McCalls, etc. – related to careers and home sewing
- Haan Crafts, LLC, Sew Much Fun, teacher packet, 2005
- Sewing 101, A beginner’s Guide to Sewing, Creative Publishing International, Inc. 2002
- Clothing/Fashion - Fibers to Merchandising Lesson Plans by Learning Zone Express, Jane Norman
- Nasco’s Power Puzzle, Clothing Savvy 2000
- Successful Sewing, Mg. G. Westfall, Goodheart-Willcox Co., Inc 2008
- Instructor’s Guide to above

- Videos:Haan Craft – Sew Much Fun

Visit a Fabric Store

Apparel and Clothing Design

Nasco’s Fabric Box

Standards

CRP.K-12.CRP1	Act as a responsible and contributing citizen and employee.
CRP.K-12.CRP2	Apply appropriate academic and technical skills.
CRP.K-12.CRP4	Communicate clearly and effectively and with reason.
CRP.K-12.CRP8	Utilize critical thinking to make sense of problems and persevere in solving them.
CRP.K-12.CRP11	Use technology to enhance productivity.
CRP.K-12.CRP12	Work productively in teams while using cultural global competence.
PFL.9.1.4.E.1	Determine factors that influence consumer decisions related to money.
TECH.8.1.2.A.2	Create a document using a word processing application.
TECH.8.1.5.A.2	Format a document using a word processing application to enhance text and include graphics, symbols and/or pictures.
TECH.8.1.P.A.1	Use an input device to select an item and navigate the screen.
TECH.8.1.P.A.2	Navigate the basic functions of a browser.

Grading and Evaluation Guidelines

GRADING PROCEDURES

The final course proficiency grade will be based on students’ performance throughout the course based on the identified New Jersey Core Content Standards for career and technical education and consumer, family and life skills (CPI’s up to and including grade eight). Students’ individual grades will be based on performance in six units of instruction: Getting Ready to Sew, Construction, Special Techniques, Repairs and Recycling, Careers and Projects.

Written Assessments/Quiz-Tests	20%
Participation/Work Ethic	15%
Projects/Research	30%
Lab Work	15%
Classwork	10%

Homework

10%

The final course proficiency grade will be based on students' performance throughout the course based on the identified New Jersey Core Content Standards for career and technical education and consumer, family and life skills (CPI's up to and including grade twelve). Students' individual grades will be based on performance in six units of instruction: Getting Ready to Sew, Construction, Special Techniques, Repairs and Recycling, Careers and Projects.

COURSE EVALUATION

The goal of this course is for a minimum of 95% of the total number of enrolled students to attain at least the minimum proficiency level. The Family and Consumer Sciences department will analyze student grades each marking period for each of the assessment areas outlined. Based on student performance, recommendations will be made to refine material to meet student needs and insure competency based on CPI's

Other Details

22205 Clothing/Sewing

Clothing/Sewing courses introduce students to and expand their knowledge of various aspects of wearing apparel, sewing, and fashion. These courses typically include wardrobe planning; selection, care, and repair of various materials; and construction of one or more garments. They may also include related topics, such as fashion design, fashion history, the social and psychological aspects of clothing, careers in the clothing industry, and craft sewing.